

Top ways we can help you **save time and money**

Finding in-network doctors, sorting out medical bills and finding ways to save on prescription drugs can be challenging and time-consuming, causing many people to overpay or skip care altogether.

Health Advocate can help.

We'll make the calls, do the research and sort through the paperwork for you, leaving you free to focus on other important things in life.

Our experts can:

- ✓ **Find the right in-network doctors**, hospitals and urgent care centers
- ✓ **Find generic equivalents** for prescription drugs
- ✓ **Help you sign up for convenient (and cost-effective) mail-order delivery** and check your formulary before you get a prescription filled
- ✓ **Review medical bills** to spot any errors or duplicate charges, and work to get them corrected

Our services are available at no cost to employees, spouses, dependents, parents and parents-in-law.



Up to 3 hours

Time it can take to research and find a qualified in-network provider



Over \$2,200

Average cost of an ER visit vs. \$168 for urgent care



Up to 85% less

Cost of generic vs. brand name prescription drugs



Only 2.5x more

Average copay for a 90-day mail-order vs. a 30-day supply of maintenance medications



8 out of 10

Number of hospital bills that contain overcharges or other errors

Turn to us—we can help.



866.695.8622

Email: answers@healthadvocate.com

Web: HealthAdvocate.com/members

Download the app today!



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